Gvian Lois Zapanta

SELECTED WORKS
2022–2026

01
Healthcare

02
Retail

03
Residential

04
Hospitality

SINGAPORE · MANILA · INTERNATIONAL



PROFILE

Interior Designer with an international outlook shaped by growing up in Singapore and completing my design education in Manila. With a Bachelor's degree in Interior Design and a specialisation major in Construction & Project Management, I combine space planning, concept development and visualisation with technical documentation, FF&E and material selection, and practical exposure to site and project coordination.

My experience includes working as the sole interior designer for a multi-site pharmacy business, contributing to 40+ built pharmacy projects; developing and coordinating a completed diagnostic laboratory and clinic; completing an independent workplace commission; supporting confidential luxury hospitality projects during my HBA Manila internship; and gaining live construction and project-delivery experience through T1 Project Services. I have also undertaken a private residential project in Paris, extending my experience across different residential and cultural contexts.

I am particularly drawn to healthcare, residential and hospitality environments where client needs, spatial clarity and design intent can be translated into thoughtful, functional spaces and carried convincingly from concept through technical development and built reality.

EDUCATION

Bachelor’s Degree in Interior Design
Specialisation Major in Construction & Project Management
De La Salle–College of Saint Benilde

Singapore · Manila
Raised and educated in Singapore from childhood through secondary school, before completing my Interior Design degree in Manila.

EXPERIENCES

MAXIDRUG PHARMACY · 2022–2025
Interior Design & Construction Manager
40+ pharmacy projects · healthcare · diagnostic laboratory & clinic · workplace interiors

HBA MANILA · 2026
Interior Design Intern
Luxury hospitality · FF&E · specifications · materials & sourcing

T1 PROJECT SERVICES · 2026
Construction & Project Management Intern
Site coordination · snagging · documentation · project delivery

FREELANCE / PRIVATE PROJECTS · 2022 - Present
Interior Designer
Quezon City workplace commission · Paris residential project

CAPABILITIES

Space planning & design development
Technical drawings & documentation
3D modelling & visualisation
FF&E, materials, specifications
Site survey & as-built documentation
Custom joinery
Design & project coordination
Research-led design

SOFTWARE

AutoCAD · SketchUp
Enscape · Canva

Working exposure — Photoshop, Revit, Archicad, Twinmotion, Premiere

Native English & Tagalog · Beginner French & Mandarin

BUILT & PROFESSIONAL

01 MaxiMD Diagnostic Laboratory & Clinic

02 MaxiDrug Multi-Site Pharmacy Rollout

03 Quezon City Office

04 Paris Residential

PROFESSIONAL PRACTICE

05 HBA Manila — Hospitality FF&E

06 T1 Project Services — Site Coordination

RESEARCH

07 Supporting Patient Comfort — Thesis

ACADEMIC

08 Equanimity Table

09 Oda Suki Beauty Lab

10 Satori Japanese Restaurant

11 Fashion Atelier

12 TOMO Corporate Headquarters

13 Sundream Kitchen

14 Aesop Pop-Up Display

BUILT HEALTHCARE · CAVITE · 2022–2023

MaxiMD

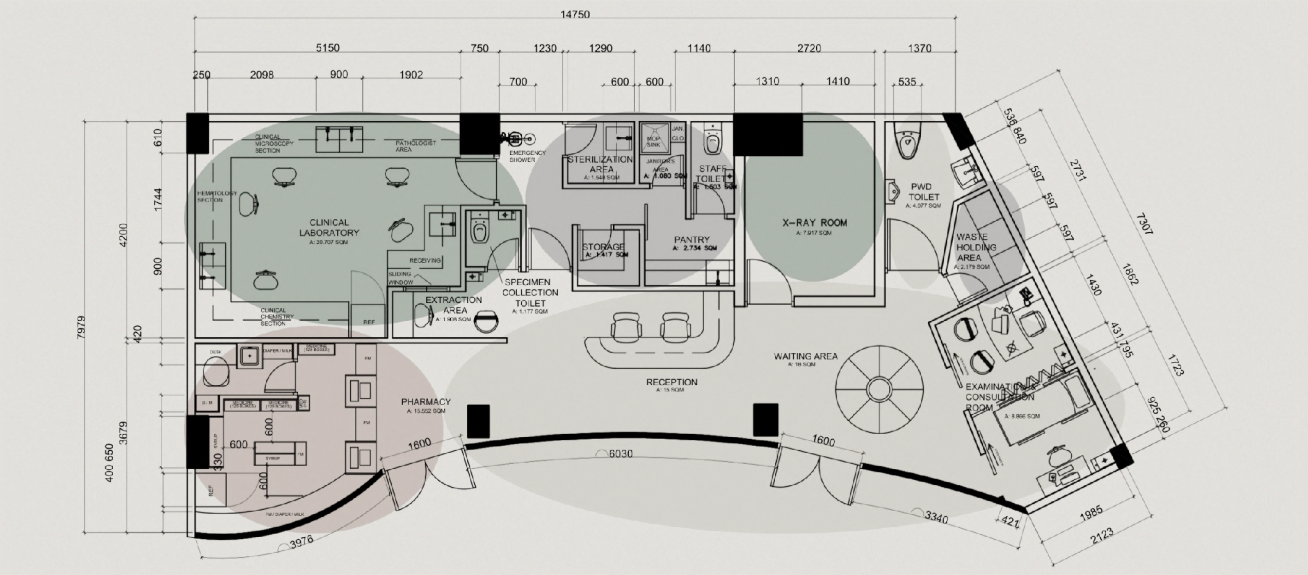
DIAGNOSTIC LABORATORY & CLINIC

A built diagnostic laboratory, clinic and attached pharmacy developed from site measurement through space planning, interior design development, regulatory revision and implementation. The compact irregular unit required clinical, patient-facing, retail and support functions to operate clearly within healthcare constraints.

Interior Designer — site survey, space planning, design development, FF&E, coordination with the project architect and contractors

Completed · Operational



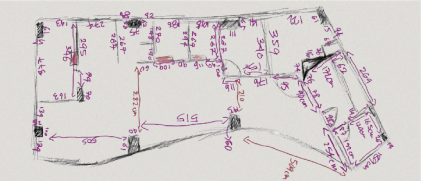


PLANNING

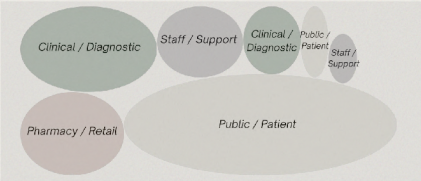
Public, clinical, retail and support functions organised within an irregular shell while holding circulation, privacy and staff workflow.

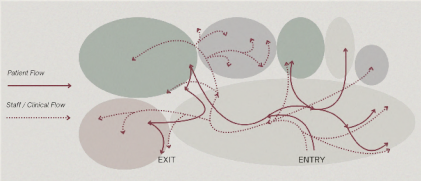
– Public and clinical zones kept distinct
– Extraction, lab and sterilisation placed to cut staff movement
– Reception and waiting as the point of orientation
– Healthcare, diagnostic and pharmacy in one shell

Developed from on-site measurement and existing conditions.









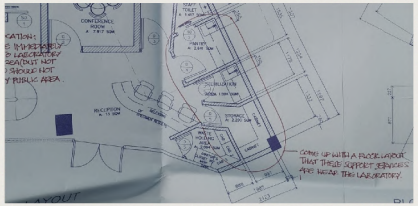
REGULATORY REVISION

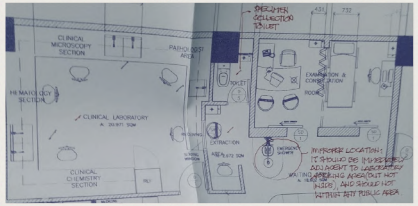
The initial scheme was developed and visualized before regulatory review. After Department of Health feedback, spatial requirements were revised with the project architect and stakeholders.

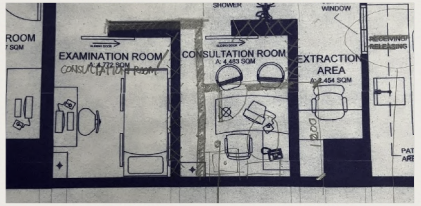
Requirements affected room adjacencies, support-service locations, circulation and equipment provisions. I reviewed the layout and coordinated interior decisions; the architect incorporated the changes into the final documentation.

Initial design → regulatory feedback → annotated revisions → coordinated final layout









Visualisations preceded the final regulatory revisions. The laboratory and pharmacy retained significant elements of the original planning and design intent.

LABORATORY / INTENT



Laboratory planning and built-in work stayed substantially aligned with the initial direction.

LABORATORY / BUILT



PHARMACY / INTENT



The pharmacy kept key elements of the storage, display and counter strategy.

PHARMACY / BUILT



RESEARCH · HEALTHCARE · DE LA SALLE–COLLEGE OF SAINT BENILDE ·
INDIVIDUAL THESIS & DESIGN PROJECT · 2025–2026

Supporting Patient Comfort

Through Integration of Environmental Comfort Theory in a Cavite-Based Diagnostics Laboratory and Clinic: An Interior Design Proposal

A research-led healthcare interior examining how planning and environmental design support patient comfort: intuitive circulation, biophilic elements, natural materiality and integrated waiting spaces in place of an institutional atmosphere.

Research · programming · space planning · interior design · custom millwork · 3D visualisation



Environmental Comfort Theory framed how spatial and environmental conditions influence physical, functional and psychological comfort.

QUALITATIVELY DOMINANT MIXED-METHODS APPROACH · SITE OBSERVATION · 13 INTERVIEWS · SURVEY OF 111 CLINIC USERS

FUNCTIONAL

Cramped extraction · unclear destinations · limited waiting capacity

→ Clear flow

Intuitive sequencing, visible destinations, improved patient and staff circulation.

PHYSICAL

Heat and glare · uneven thermal conditions · ventilation and acoustics

→ Environmental balance

Controlled daylight, thermal regulation, better indoor environmental quality.

PSYCHOLOGICAL

Anxiety before procedures · clinical atmosphere · need for calm and privacy

→ Emotional reassurance

Warm materiality, biophilic cues, privacy, a less institutional atmosphere.

Patient lens — anxiety, crowding, unclear wayfinding → calm, clarity, privacy

Staff lens — congestion, storage, workflow → zoning, efficiency, organization

CONCEPT

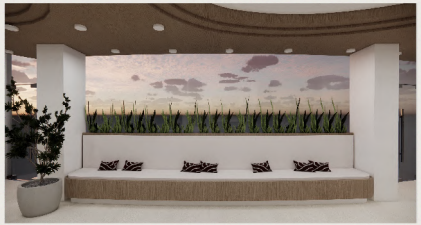
Pulse of the Community

Inspired by the rhythm of a healthy heartbeat — health, movement, continuity, community. The heartbeat organizes the patient journey rather than appearing as a literal motif.

Patient journey → continuous sequence and predictable movement
Plan → circulation and hierarchy
Ceiling → rhythmic layered forms
Furniture → curved reception and built-ins
Lighting → repeated, layered illumination
Materials → warm and tactile
Biophilia → nature-based reassurance
Wayfinding → clearer visual cues

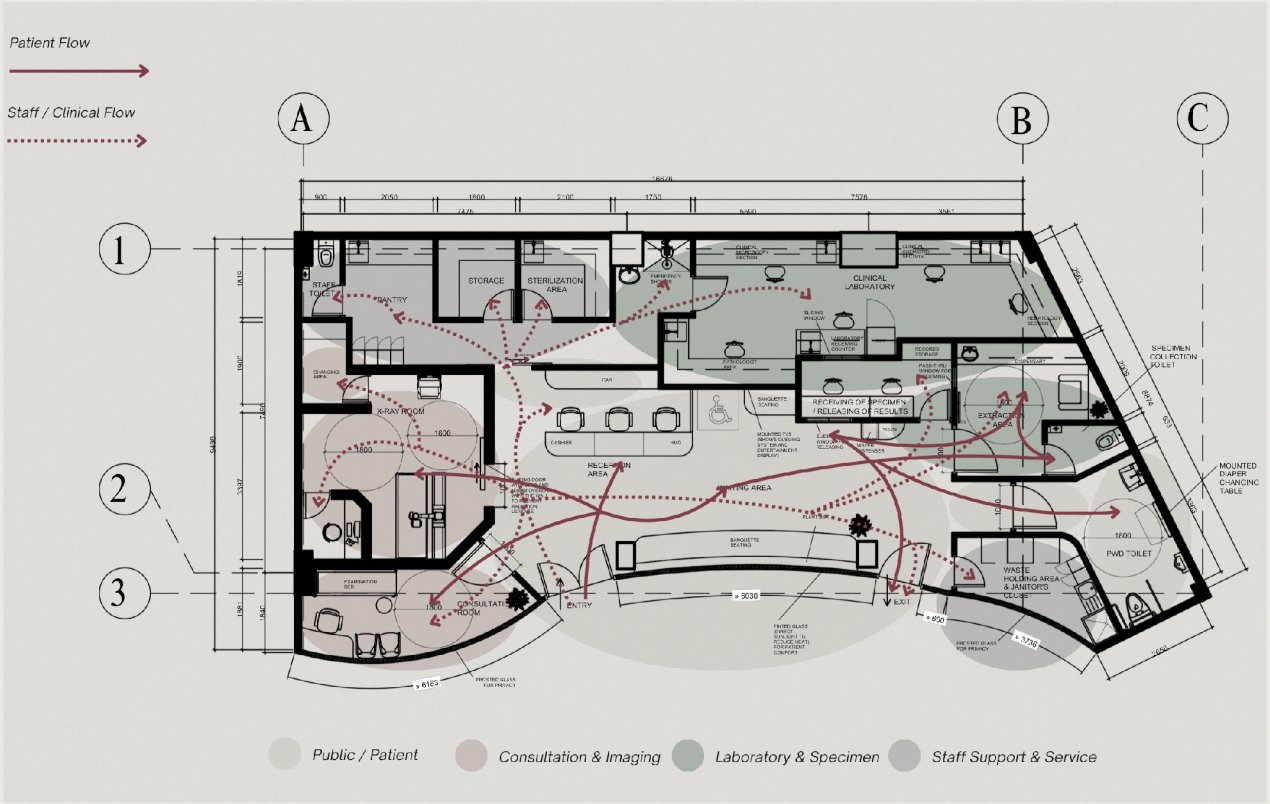
Rhythm and continuity connect functional planning with sensory comfort.











ZONING

A clear separation between patient-facing, clinical and staff functions, while keeping the adjacencies diagnostic workflows require.

Patient-facing — entry, reception, cashier/HMO, waiting, consultation, queueing

Clinical — extraction, laboratory, X-ray, examination, specimen collection

Staff / support — records, storage, pantry, sterilisation, waste holding

Arrival → waiting → consultation and testing → release, made predictable.







TECHNICAL TRANSLATION

Specialised zones planned around workflow, equipment, hygiene, privacy and support needs.

Laboratory — hematology, clinical chemistry, microscopy, pathology, specimen receiving, sterilisation, refrigeration, storage

Extraction — replanned from a cramped condition into a clearer zone adjacent to laboratory processing

X-ray — changing provision, operator planning, awareness of radiation-protection requirements

Back-of-house — PWD and specimen toilets, pantry, records, storage, sterilisation, waste holding

Custom millwork · material strategy · equipment integration · RCP, lighting and power coordination · preliminary BOM

BUILT RETAIL / HEALTHCARE · 2022–2025

MaxiDrug

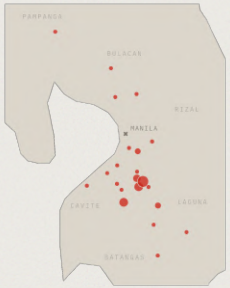
MULTI-SITE PHARMACY ROLLOUT

40+

BUILT PHARMACY PROJECTS · SOLE INTERIOR DESIGNER

Rather than one fixed plan, a repeatable pharmacy design system adapted to different shells, franchise requirements and site constraints.

Site measurement → as-built → planning → custom fixture layout → drawings → 3D visualisation → coordination → turnover



BRANCH FOOTPRINT

Built branches across Pampanga, Bulacan, Metro Manila, Rizal, Cavite, Laguna and Batangas. Dot size indicates the number of branches in each municipality.









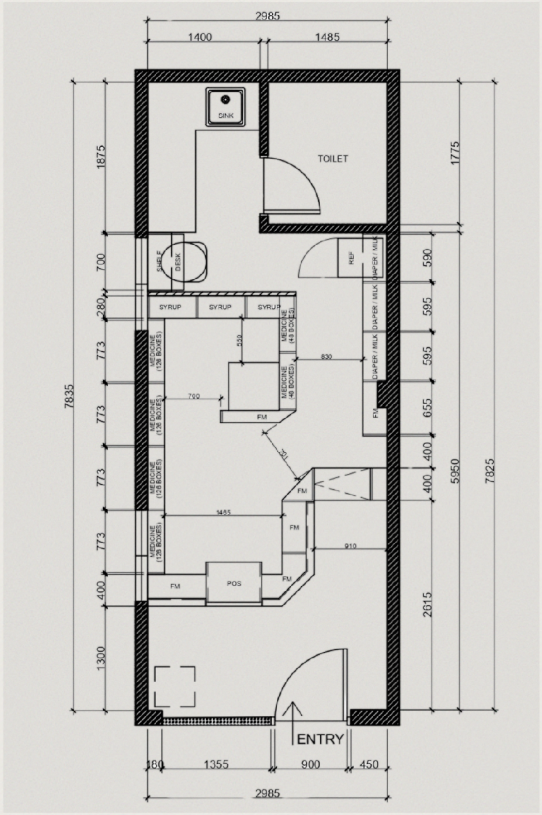
THE SYSTEM

Recurring standards for materials, cabinet dimensions, counters, medicine shelving, gondolas, product zoning and finishes, adapted branch by branch.

Standardise → measure the real site → adapt the layout → protect circulation → issue branch drawings

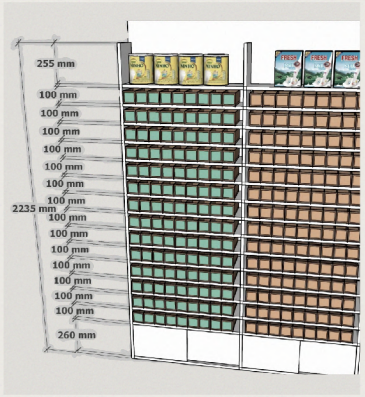
CUSTOM ELEMENTS

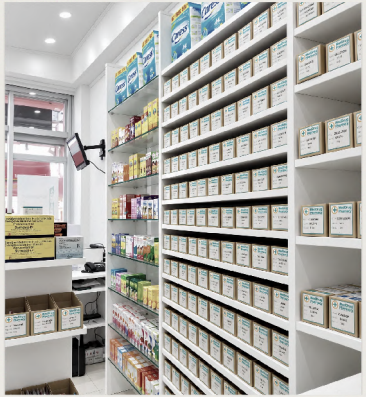
Medicine gondolas · capsule and tablet shelving · syrup displays · diaper and milk shelving · fast-moving product counters · POS and staff counters · overhead storage · flip-up counter elements





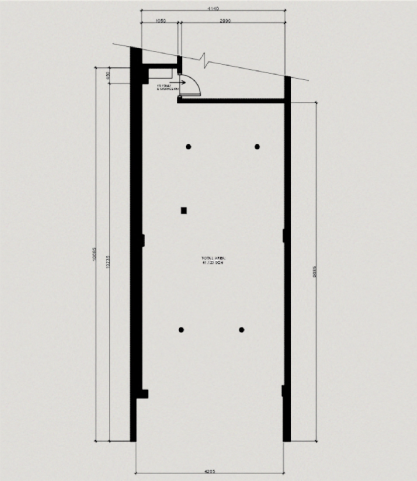




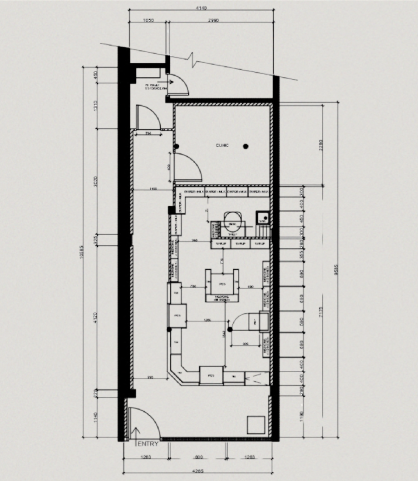


Most projects began with a real commercial shell I surveyed personally. Existing walls, doors, breakers, outlets, ceilings and equipment constraints informed the design before any proposed layout.

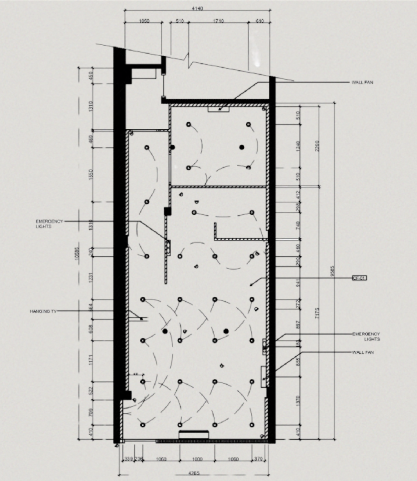
01 EXISTING



02 PROPOSED LAYOUT



03 RCP



04 BUILT



Documentation — as-built, partition, furniture layout, RCP, lighting, power, switching, elevations, details, schedules

Coordination boundary — I coordinated intended interior locations; specialists retained responsibility for execution

Implementation — issues arising during construction were escalated back to me for design decisions

PROFESSIONAL INTERNSHIP · MARCH–MAY 2026

HBA Manila

LUXURY HOSPITALITY FF&E

Support on confidential luxury hospitality and hotel projects in Southeast Asia: FF&E research and selection, specification updates, material sourcing, board preparation, project documentation and supplier coordination.

FF&E · material library research · furniture proposals · specifications · sample verification · material boards · supplier liaison

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140-hour Interior Design Practicum in an international hospitality-design environment. Client and project names remain confidential.









Practical exposure to the professional workflow connecting design intent with actual products, materials, specifications, samples and suppliers.

01 Research & selection

Furniture options for live hospitality spaces, balanced against concept, aesthetic suitability and brand availability.

02 Specification

Itemisation and specification updates including brand, product code, supplier and product details.

03 Materials & samples

Sourcing and verification of physical material and fabric samples across office and client sets.

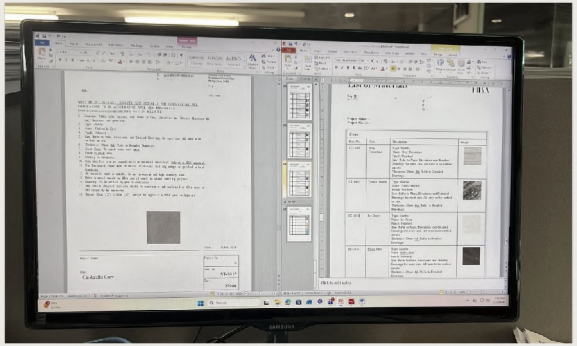
04 Material boards

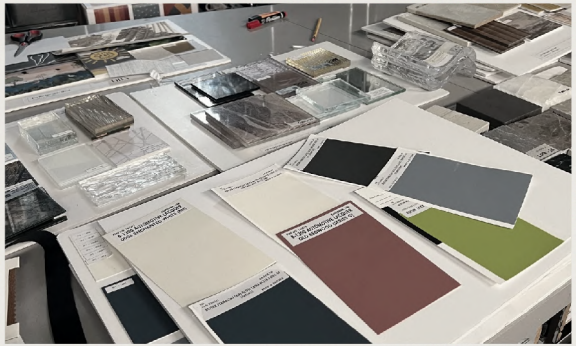
Labels, tags and board sets prepared for client, office and supplier copies.

05 Supplier liaison

Product, option and quotation coordination with local and international suppliers, including a regional representative in Singapore.







IMPLEMENTED RESIDENTIAL · PARIS, FRANCE · 2025

Paris Residential

Space planning for an occupied Paris apartment. Working with the family's existing furniture and measured dimensions, layouts improved fit, circulation and functional zoning rather than redesigning an empty shell.

Furniture planning · spatial optimisation · circulation · 3D visualisation · layout testing

OUTCOME

The family followed the proposed arrangement in the living and dining area, and the bedroom planning decisions.



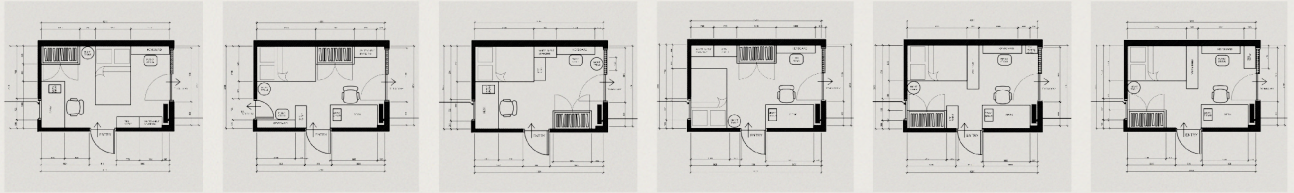
SIX LAYOUTS TESTED

The bedroom used option testing rather than a single aesthetic proposal — six alternatives evaluated against everyday use.

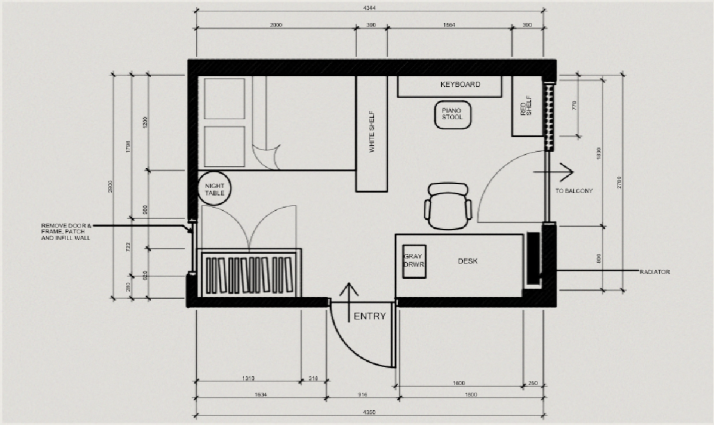
Furniture fit · bed orientation · bathroom access · balcony relationship · chair clearance · natural light · monitor glare · wardrobe position · shelving access · noise adjacency

Final strategy — distinct sleeping, wardrobe and workstation zones with daylight preserved. Shelving divides rather than partitions.

Not every visually attractive arrangement is equally usable.



SELECTED LAYOUT



BUILT





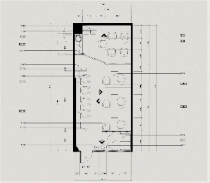
PAID COMMISSION · BUILT WORKPLACE · 2023

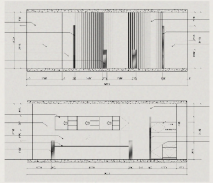
Quezon City Office

An independently commissioned workplace developed directly with the client: a compact office combining focused work, storage, meeting, lounge and pantry functions.

Site measurement · floor plan · furniture layout · custom built-ins · pantry · long workstations · storage and planter partitions · conference area · FF&E · RCP and lighting · finishes · elevations · 3D visualisation

The client managed construction; I remained available for design questions during implementation.





PROFESSIONAL INTERNSHIP · 140 HOURS · JUNE–AUGUST 2026

T1 Project Services

SITE & PROJECT COORDINATION

Construction & Project Management practicum, mostly on the GBTH Incubator Space — a live restaurant and hospitality fit-out involving multiple trades, consultants and suppliers, located in Greenbelt 2, Makati.

Construction-site monitoring · progress documentation · site verification · contractor and supplier coordination · meeting support · issue escalation · design proposal work

Observe → understand → contribute → verify → coordinate



Responsibility grew from observation and report support into direct site verification: trade updates obtained, completion checked onsite, tracker remarks updated, issues documented for the project team.

Balance of Works	Status	Target			
FLOOR					
Mechanical					
Coring for CDP and Refrigerant	Not Yet Started			2 Weeks	Upon approval of A
Architectural					
Installation of Wood Parquet Flooring	Ongoing	22-Jun-2026	29-Jun-2026	7 days	Installation and sa
Application of Stain Finish for Flooring	Not yet started	30-Jun-2026	7-Jul-2026	1-7 days	Application (Pot a
WALL					
Electrical					
Convenience Outlet Roughing-ins	100%				
Convenience Outlet Final Fix	Not yet started	1-Jul-2026	2-Jul-2026	2 days	2 days installation a
Architectural					
Application of Wall Paint Finish	Ongoing	1-Jul-2026	7-Jul-2026	7 days maximum	Application of Prim
Installation of ST 55 Black Textured Stone Tiles	Not yet started	22-Jun-2026	26-Jun-2026	3-4 days	Installation (awaitin
Application of Stair Cladding Textured Finish	Ongoing	1-Jul-2026	10-Jul-2026		Application of Prim upon finishing dirty
Installation of Weave Textured Wall Finish	For Cost Proposal	26-Jun-2026	30-Jun-2026	2 days installation	18-45 Days Cost p
CEILING					
Electronics					
FDAS Roughing-ins	100%				Care of LOXON
FDAS Final Fix	Not yet started	1-Jul-2026	2-Jul-2026	2 days	2 days for adjustme
Speaker Roughing-ins	100%				
Speaker Final Fix	Not yet started	1-Jul-2026	2-Jul-2026	2 days	2 days installation a
CCTV Roughing-ins	100%				
CCTV Final Fix	Not yet started	1-Jul-2026	2-Jul-2026	2 days	3 days installation a
Electrical					
Lighting Roughing-ins	100%				
Lighting Final Fix	Not yet started	1-Jul-2026	2-Jul-2026	2 days	
Functionality Test	Not yet started	3-Jul-2026	3-Jul-2026	1 day	1 day after the over
Mechanical					
Refrigerant Piping & Testing				2-3 Weeks	Upon Approval of A

BALANCE OF WORKS

A multi-level tracker updated and submitted from direct site verification, covering architectural, electrical, mechanical, fire protection, CCTV/FDAS, kitchen and gas-line activities.

t1

INCIDENT REPORT

Project: C2503_AGBR – GBTH Incubator Space
Location: GBTH Incubator Space
Affected Areas:
- Level 2 – Production Kitchen

Date of Inspection: 30 July 2026
Time of Inspection: Approximately 1:50 PM – 2:16 PM

Prepared By:
Gvian Lois Zapanta
Project Management Intern
T1 Project Services

Contractor Concerned:
L

1. Incident Summary
During a routine site inspection on **30 July 2026**, commenced the installation of trench drains at the **Level 2 Production Kitchen**. During the installation works, floor chipping was carried out within an area where the waterproofing system had already been completed.

INCIDENT DOCUMENTATION

Formal reports prepared for a trench-drain and floor-chipping issue and a rainwater leakage, with photographs, observations, preliminary assessments and recommended follow-up.



PROFESSIONAL JUDGEMENT

Observe → question → document → escalate → follow up. Identifying abnormal conditions without drawing technical conclusions beyond my authority.

SECONDARY DESIGN ASSIGNMENT

Irish Pub Conversion

Greenbelt Townhomes units documented and measured for conversion, then translated independently into the shared AutoCAD shell plan used by the intern team as a common base.

Walls and room dimensions · pipelines · gas lines · electrical lines and boxes · FDAS · sprinklers · visible building services · site constraints

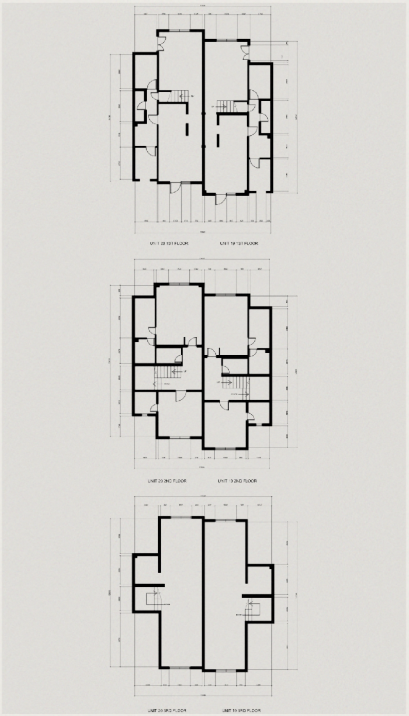
Design proposal — a three-level traditional Irish pub maximising seating while retaining comfortable walkways and recognisable pub characteristics, including snug seating areas.

Developed and individually presented the three-level layout and concept proposal to a T1 Director.

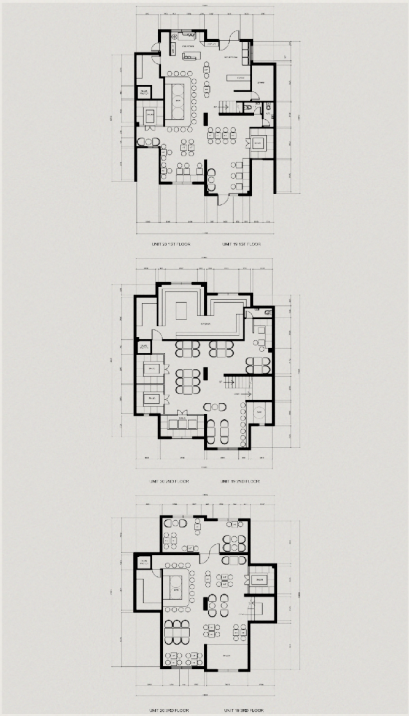
01 EXISTING CONDITION



02 MEASURED SHELL



03 PROPOSAL



FURNITURE DESIGN · EXHIBITED · NOVEMBER 2023

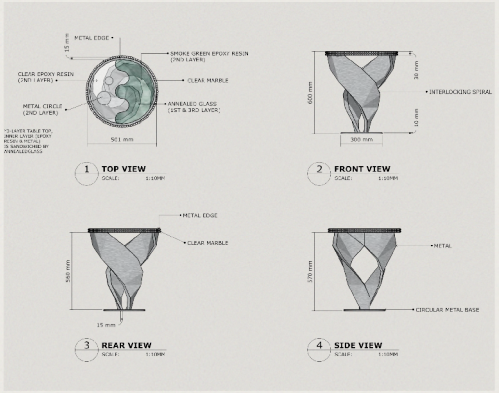
Equanimity Table

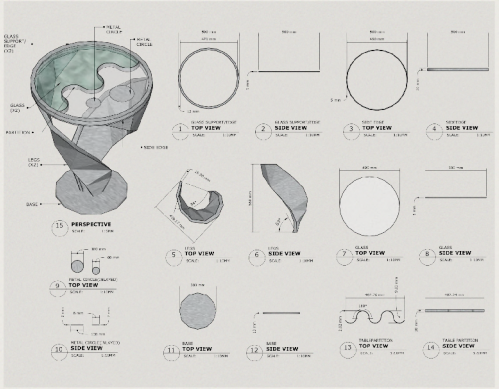
A sculptural furniture piece inspired by Impy Pilapil's Sea Mist III and water existing in serene, turbulent and cascading states. Translated shifting conditions into a table about balance — equanimity — through layered transparency, circular movement and contrasting materials.

Annealed glass · smoke-green and clear epoxy resin · metal · clear marble · circular metal base · interlocking spiral support

Concept → components → technical detailing → materials → fabrication → exhibition







ACADEMIC · RETAIL & COMMERCIAL · 2024

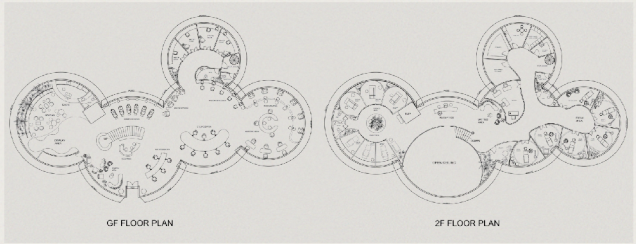
Oda Suki Beauty Lab

A premium Korean-inspired beauty and salon environment organised around customer movement, treatment privacy, retail visibility and a softer sequence of overlapping curved zones.

Arrival and reception · retail display · salon services · treatment zones · public and private separation







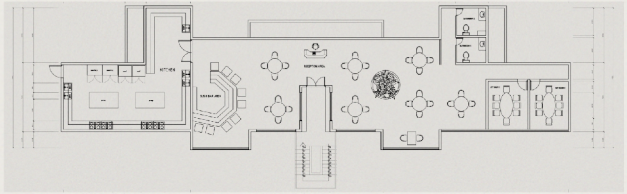


ACADEMIC · HOSPITALITY · 2024

Satori Japanese Restaurant

A restaurant concept informed by modern Zen and Kanso principles, balancing visual calm with the operational needs of dining, circulation and service.

Semi-open kitchen visibility · sushi bar · intimate and communal dining · semi-private tatami area · clear customer movement



10 / Academic group project — contribution: ~75% of the floor plan; 100% of 3D, design and rendering







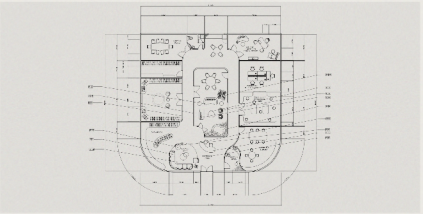


ACADEMIC · STUDIO & FASHION · 2025

Fashion Atelier

Inspired by Lesley Mobo's Tropical Terno Collection: couture, Filipino identity and sculptural fashion translated into reception, lounge, showroom, experiential fitting, studio and production spaces.

Layering · vibrant tonal contrast · sculptural ceiling forms · a U-shaped workflow around a central courtyard



11 / Academic group project — contribution: 100% of the floor plan, rendering and concept sketch; ~50% of concept and 3D development

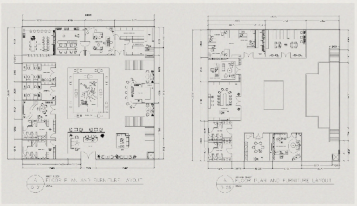
ACADEMIC · WORKPLACE · 2025

TOMO Corporate Headquarters

A two-floor headquarters translating TOMO Coffee's Philippine–Japanese identity, omotenashi and Japandi principles into public, collaborative, operational and executive zones.

Brand translation · departmental zoning · customer-facing areas · collaboration · logistics · executive privacy





ACADEMIC · RESIDENTIAL · INDIVIDUAL · 2024

Sundream Kitchen

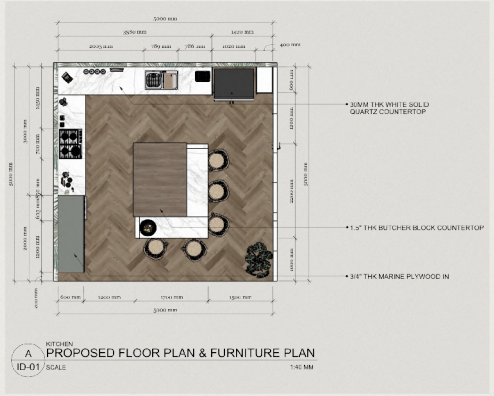
A residential kitchen exploring tropical-bohemian and contemporary tropical design through efficient planning, natural materiality and indoor–outdoor continuity.

L-shaped kitchen · island integration · work triangle · storage efficiency · circulation · biophilic elements

Natural textures and greenery support everyday use rather than functioning as decoration alone.









ACADEMIC · RETAIL & EXPERIENTIAL · 2024

Aesop Pop-Up Display

A temporary retail installation translating a minimalist apothecary language into a sculptural display with 360-degree product visibility, vertical merchandising, material contrast and warm lighting.

Brand recognition · clear focal hierarchy · product storytelling · visibility from multiple approaches · compact footprint

Individual visual-merchandising study





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